



The Northam Care Trust
Offering Choices, Supporting Outcomes



GIFT A LASTING DIFFERENCE

REMEMBER US IN YOUR WILL

THE NORTHAM CARE TRUST

SUPPORTING PEOPLE WITH DISABILITIES
TO LIVE THEIR BEST LIVES

[HTTPS://WWW.NORTHAMCARETRUST.CO.UK/](https://www.northamcaretrust.co.uk/)

SHAPING A BRIGHTER FUTURE

Thank you for considering to include a gift in your Will to The Northam Care Trust. Thanks to people like you, our charity can continue to support individuals with learning and physical disabilities.

We're incredibly proud of the lives we've already changed since 1978, and we are committed to changing many more well into the future. Remembering us in your Will is one of the most impactful ways you can support us in making this possible.

It's in our nature to care and if you're reading this, we know it's in yours too. If you're considering leaving a gift in your Will for The Northam Care Trust, no matter big or small, you'll be helping us create a more independent future for those most in need.

We hope this booklet shows an insight into the life changing work that we do because of people like you. Thank you for considering to support us in such an impactful way.

Your kindness makes our future possible.
The Northam Care Trust.

BECAUSE WE CARE



Compassionate about making a lasting positive difference.



Respecting differences and promoting individuality.



Aspiring for a community where everyone matters.



Encouraging wellbeing, independence, and a life well lived.

HOW TO LEAVE A GIFT IN YOUR WILL

Your Will is one of the most important documents you will ever create. It ensures your loved ones are cared for and your wishes are respected. After taking care of your loved ones, leaving a gift for The Northam Care Trust is a great way to continue to support a cause close to your heart. The cause of helping others live the life they deserve.

THERE ARE TWO MAIN WAYS YOU CAN LEAVE A GIFT IN YOUR WILL:

- % Residuary:** This is a percentage of your estate after other gifts, debts, and expenses have been paid. Because this is a percentage, you don't need to worry about financial changes. E.g. 1%.
- + Pecuniary:** This is a specific sum of money. E.g. £5,000.

RESTRICTING GIFTS:

If you wish to leave a gift to the Trust, we'd kindly ask you not to definitively restrict it's usage. If you would like your gift to go towards a particular area of our work, you could make this a non-binding wish. That way, if we are unable to use the gift in that specific way, we'll use the gift wherever it can make the most difference.

OUR CHARITY DETAILS

To leave The Northam Care Trust a gift in your Will, please make sure you state what gift you'd like to leave us alongside our full company name, address, and charity number.

 The Northam Care Trust

 The Northam Care Trust, Rosehill, Heywood Road, Bideford, North Devon, UK, EX39 3PG.

 Registered Charity number England & Wales: [1081784](#)



OUR STORY

THE MERRYATRICKS

The Northam Care Trust are proud to offer a fully self funded and free service to our local community. This is a group for older people that was set up after COVID with the purpose of forming relationships, reconnecting those that are isolated, and building a supportive social network.

It's safe to say the group has been a huge success so far with over 60 people now involved, the group comes together twice a week for activities such as; chair yoga, game shows, quizzes, coffee mornings, and much more!

Being offered as a free service and something we receive zero funding from the government for, the project is fully funded by donations. Every penny donated is making a huge difference. A gift in your Will has the power to combat loneliness and keep this wonderful initiative alive.

THE DIRECT IMPACT OF THE MERRYATRICKS PROJECT:

"I felt isolated, but when I joined the group, it helped me come out of my shell". ~ Maria

"It helps me get up in the morning, get dressed. It gives me something to look forward too & I love it." ~ Moreen

"May it long continue." ~ Heather

"I like the friendship, the exercise, and the social aspect of everything, and I have made some great friends." ~ Pat

"I have a lot to thank Merryatrics for. They helped me through a difficult period of my life, after losing my wife." ~ Mike

"I couldn't be without them (now)." ~ Derek

GIFT LIFE CHANGING SUPPORT

In 2022, Ryan was tragically rushed to hospital for an emergency procedure which left him in intensive care and critically ill. Ryan spent the next 5 months in hospital recovering before he was finally allowed to come back home to one of our supported living homes. However, this was only the start of his recovery journey.

At this point, Ryan was immobile, needed 24/7 care, and was bedridden. Due to Ryan's incredible determination, a caring community, and the encouraging support of our staff, Ryan is now mobile and independent within the community, attending social clubs, and is well on his way back to great health.

"I am very proud of my achievements" says Ryan, who goes on to say *"I have independence now"*

A gift in your Will could help us continue to encourage and support people like Ryan through devastating adversity and back to living a healthy and independent life.

RYAN'S STORY



LUKE'S STORY



0.36%

*2024

Just 0.36% of UK registered companies have signed up to the Disability Confident Employer Scheme.

63%

*2024

Just 63% of Disability Confident Employers actually hire a registered long term disabled person.

75%

*2022

75% of young disabled people feel physical access to the workplace is a major barrier to finding a job.

A GIFT OF EMPLOYMENT

“I found it difficult to get information on what access was available or I’d phone and speak to someone that often wasn’t sure.” “I felt slightly restricted in my options.”

As a Level 2 Disability Confident Employer, The Northam Care Trust aims to break down barriers such as the ones Luke faced. We want to promote a more positive employment environment for those with disabilities, firstly, by setting an example ourselves. We see being Disability Confident as an opportunity to lead the way for positive change.

“Fiona (HR Manager) got in contact with me to discuss any access arrangements or if I had any extra equipment that I might need to work, which was really helpful, giving me that extra peace of mind before starting”.

“Luke is a great addition to our team. His presence is always uplifting, and he is a perfect showcase for our organisation”, says Fiona. Gifts in your Will can help us break down barriers and promote disability confidence in the workplace, gifting stars like Luke the opportunity to shine.

HYDROTHERAPY

THE SITUATION

Disabilities can lead to various challenges, such as limited mobility and discomfort during exercise. Hydrotherapy pools are specifically designed to effectively address these obstacles. Unfortunately, North Devon lacks a Hydrotherapy pool and the local area is unable to cater to those in need.

THE SOLUTION

The Northam Care Trust is planning to build a fully accessible Hydrotherapy pool onsite at Rosehill for adults with disabilities or complex needs. Our goal is to provide an affordable and accessible solution for those in the local community and surrounding areas.

Hydrotherapy uses the properties of water to assist and resist movements in different positions to improve mobility, strength, balance, physical functioning, and wellbeing.

Yet, one of the most vital benefits of Hydrotherapy is the relief from pain and discomfort individuals will experience whilst in the pool.

THE OPPORTUNITY

With the hope of building our own Hydrotherapy pool, we are currently raising funds through grant funding and other donations. Every penny counts and a gift in your Will could help us come closer to building this much-needed facility for our clients and the community.

A photograph showing two women in a hydrotherapy pool. They are smiling and looking towards the camera. A yellow buoy is visible in the foreground. The pool has a tiled edge and a wall with a yellow and black geometric pattern.

**PROJECT
HYDRO**

STAY IN TOUCH

Thank you for thinking of remembering The Northam Care Trust in your Will. If you have any questions, we're always here if you need us.

PLEASE DO GET IN TOUCH

Call: 01237 477238

Email: info@northamcaretrust.co.uk

Visit: <https://www.northamcaretrust.co.uk/>

Or scan me!



THE NORTHAM CARE TRUST

Offering choices, supporting outcomes.

The Northam Care Trust, registered charity number: 1081784.

Limited company by guarantee registered in England and Wales: 4010653

